



all inclusive activities

Nursery activities are delivered through a combination of utilising our staff skills and by bringing in experienced and qualified professionals from external agencies. These activities are simply part of our quality brand and should be enjoyed by all – therefore they are provided at no extra cost

French

As well as learning French throughout the week as part of their routine, Toddlers and Pre-School children take part in additional sessions with our French teacher every week.

Meditation & Well Being

Children from the age of 2 have quiet reflection and meditation time twice a day to encourage them to calm down, focus on their breath and happy, positive thoughts and feelings. Our staff are trained by “Emprana” and have regular sessions themselves.

Food & Nutrition Club

We want cooking at the nursery to be more than just the usual icing biscuits and making pizzas. Our Food & Nutrition Club has been put together with an educational plan so that children have a better understanding of how food is grown, picked, brought, cooked and put onto their plate, as well as hands on cooking and food tasting. Children work with a variety of different textures and cooking utensils to ensure they develop a natural interest in what they are eating and build practical skills for learning in many other areas.

Dance & Movement

Provides a fun and interactive physical workout for children incorporating music, toys, dance and exercise. We alternate between a variety of companies to ensure that children are always learning something new.