



all inclusive activities – CANADA WATER

Nursery activities are delivered through a combination of utilising our staff skills and by bringing in experienced and qualified professionals from external agencies. These activities are simply part of our quality brand and should be enjoyed by all – therefore they are provided at no extra cost

French

All children take part in sessions with our French teacher every week.

Meditation & Well Being

Children from the age of 2 have quiet reflection and meditation time twice a day to encourage them to calm down, focus on their breath and happy, positive thoughts and feelings.

Food & Nutrition Club

We want cooking at the nursery to be more than just the usual icing biscuits and making pizzas. Our Food & Nutrition Club has been put together with an educational plan so that children have a better understanding of how food is grown, picked, brought, cooked and put onto their plate, as well as hands on cooking and food tasting. Children work with a variety of different textures and cooking utensils to ensure they develop a natural interest in what they are eating and build practical skills for learning in many other areas.

Yoga

Fundamental stretching and aerobic exercises to improve physical strength and mobility for all age groups.

Garden at Decathlon

We have exclusive use of the rooftop garden in the Decathlon building for outdoor play everyday.

Sports Centre

We have exclusive use of the play gym at Discovery Planet on selected days.